

Comprehensive Continuum of Care...Close to Home

Rehab 3 continues to explore ways for our patients to receive a continuum of care that is second to none in the area. From on-field athletic training and hospital-based in-patient care to a wide variety of outpatient therapy and cash-based post-rehab options, we offer something for every step in the recovery process and minimize the time our patients are away from their activities.

We provide a wide array of outpatient rehab services that help our patients heal quickly from an injury and return to their previous level of function. Our services include physical, occupational and speech therapy. Within each field of study we treat a wide variety of diagnoses.

The only way that we can offer such a great continuum is from the diligent work of our therapists. They have been trained in many different rehab-related fields, too numerous to count. Their combination of advanced knowledge and deep compassion toward the individual leads to better results in patient care.

Where are we located?

Rehab 3 at Marsh Brook
7 Marsh Brook Drive, Suite 101
Somersworth, NH 03878
P: 603-749-6686
F: 603-750-3174

Rehab 3 at Frisbie: South
Main Street Campus
95 South Main Street
Rochester, NH 03867
P: 603-330-8952
F: 603-330-8949

Rehab 3 at Wentworth-Douglass Hospital
789 Central Avenue
Dover, NH 03820
P: 603-740-2101
F: 603-740-2185

Rehab & Sports Therapy Center
16 Jenkins Court
Durham, NH 03824
P: 603-868-2600
F: 603-868-6347

Rehab 3 at White Mountain Medical Center
2531 White Mountain Hwy
Sanbornville, NH 03872
P: 603-522-6184
F: 603-522-3829

Rehab 3 at WDH Professional Center at Lee
65 Calef Highway
Lee, NH 03824
P: 603-868-8520
F: 603-868-8526

Our Programs/Services

- Spine Rehabilitation
- Post-Surgical Orthopedics
- Aquatic Therapy
- Hand Therapy
- Cardiac/ Pulmonary Rehab
- Vestibular/ Balance Rehab
- Multi-disciplinary Pediatric Program
- Women's Health
- Lymphedema Treatment
- Incontinence Program
- Pelvic Pain
- Fall Prevention
- Job Site Assessment
- Orthotic/ Prosthetic Clinic
- Amputee Care
- Wheelchair/ Seating Clinic
- Crutch Training
- Functional Capacity Assessments
- Permanent Partial Impairment Evaluation
- Videofluoroscopy
- Voice Training
- Cognitive Retraining
- Wound/ Burn Care
- Athletic Training
- Sports Performance Programs
- Strength and Conditioning
- Biomechanical Analysis
- Return to Sports Program

Rehab-3.com

For more information contact David Abbett, Marketing Director at 603-749-6686

Hope you are having a safe and fun summer from Rehab 3