

Rehab 3 sends a sincere thank you to Dr. Guy Esposito for many years of dedicated service as our Medical Director. Also, I would like to introduce Dr. Peter Dirksmeier, who joins Dr. Barry Gendron, as a Medical Director of Rehab 3 and part of our leadership team. Dr. Dirksmeier comes to the Network with extensive training in the operative and non-operative management of all developmental, pathologic, and traumatic conditions of the spine.

Rehab 3 has long been a leader in providing **Occupational Therapy** to the community. Offered at all sites, occupational therapy is skilled treatment that helps individuals achieve independence in all facets of their lives. Treatment includes developing "skills for the job of living" necessary for independent and satisfying lives post-injury or illness. Services offered through Rehab 3 include customized treatment programs to improve one's ability to perform daily activities, adaptive equipment recommendations and usage training, orthopedic and post-surgical hand therapy, as well as patient and family education.

**TESTIMONIES FROM THE FIELD:** Dr. Bloom of Seacoast Orthopedics and Sports Medicine says that "the Marsh Brook OT department is excellent...I could not practice as a hand surgeon without them!" And Dr. Anthony, from Frisbie's Emergency Department, says of Danielle Amero, "she worked on my hand and I think that my fractured wrist is better than the other side..." Dr. Gendron notes that "Seacoast Physiatry utilizes WDH Occupational Therapy for our Dover patients with simple and complex issues related to hand, elbow and upper extremity function, neuromuscular rehabilitation, driving simulation and return to work activities."

## Commonly Treated Hand Injuries

- Carpal Tunnel Syndrome
- Cubital Tunnel Syndrome
- deQuervain's Tenosynovitis
- Digital Amputation
- Distal Radial Fractures
- Dupuytren's Disease
- Flexor Tendon Injuries
- Lateral Epicondylitis
- Medial Epicondylitis
- Phalangeal Fractures
- Trigger Finger
- **For information about treatment of the above diagnoses, contact our Marketing Department at 749.6686**



Danielle Amero  
Occupational  
Therapist

## Employee Spotlight

**Danielle Amero, OTR/L, CHT**, graduated from the University of New Hampshire in 1993 and earned her Certified Hand Therapist certification (CHT) in 2000. She joined Frisbie Memorial Hospital in 1995 and currently is the Clinical Supervisor of the Occupational Therapy Department. Danielle treats a variety of orthopedic and neurological upper extremity disorders and has a special interest in treating the more complex patient, utilizing a manual therapy approach along with more traditional modalities.

The Rehab 3 Network offers **Occupational Therapy** at all facilities. For more information about the Network, please contact **David Abbett, PT**, Marketing Director, at **603.749.6686** or by e-mail at **d.abbett@strafhealth.com**

Coming soon:

[www.rehab-3.com](http://www.rehab-3.com) and [www.centerforathletes.com](http://www.centerforathletes.com)

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